

# Forest School: Session One

## Aim of Session:

To introduce the children to the forest school site and the forest school rules in the secret garden.

The children were faced with a problem, we could only see Mummy Bear and Daddy Bear—baby bear was missing. There were lots of opportunities for mark making with the mud. The children decided to write a letter to Mummy Bear using mud and large brushes.

The children really enjoyed tuning into the environmental sounds that they could hear during the session.

e.g. birds, motorbikes and cars. The children also explored porridge and made some Porridge for the three bears.

Jacob decided to add Dinosaurs and feed them some Porridge.

**We have the right to have fun and learn in the outdoor environment.**



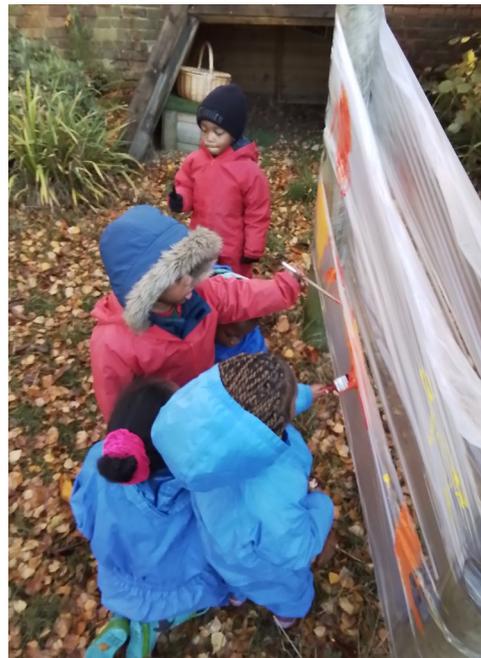
“ Outdoors is different to 'indoors' and that is exactly why it matters to children ” - Jan White

# Forest School: Session Two

## Aim of Session:

We have been learning all about the story 'Goldilocks and the three bears' so this week we explored Porridge play with the different sized bowls—big, medium and small. The children were matching the correct bowls to the bears. We also explored painting on cling film and made different leaf prints onto paper, we linked this to Christmas too. The children were tuning into the different outdoor sounds that we could hear. We then went on a bird hunt.

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# Forest School: Session Three

## Aim of Session:

Today our session was focussed around Goldilocks, as we made shopping lists the day before for Goldilocks so we could make her different foods. At Forest School, Goldilocks had left us different ingredients, so we helped to make food for her. We practiced our cutting and chopping skills using different real life tools safely. The children had made "soups" and "vegetable porridge". We also wrote messages using mud to the three bears.

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